

**Program Title:** Purpose-Centred Leadership for Thriving in Community

**Cost per person:** \$1,710 (plus GST)

**Training provider:** Legal Name - Kathy MacFarlane Leadership Consulting

**Kathy's Address:** 625 12 St South. Lethbridge AB T1J 2S2

**Alberta Registration Number:** TN23351463

**Business Number:** 770637940

**Trainer Name:** Kathy MacFarlane, MA, CFRE

## Trainer Qualifications:

- MA in Leadership
- MBTI Certified Practitioner
- Certified Spiritual Intelligence Coach
- Certified Resilience at Work Trainer
- More than 30 years leading non-profit organizations and teams in children's services, health care, university and college settings
- Instructor for various professional development and continuing education programs

## Course objectives:

Participants will gain new knowledge by exploring personality style and the dynamics of personal style in the workplace. They will learn how to expertly navigate team dynamics, communication, conflict, change management and systems awareness so they can be a more effective leader in their organization and the community.

**Course Structure:** In-person

1 full-day intensive 8:30-4:30

4 half-day modules 8:30-12:30

**Total hours:** 24

## Draft Agenda:

- Module 1: Self-Awareness using MBTI
- Module 2: Self-care
  - Focus for leaders – Mindfulness
    - Personal worldview - Values work
    - Reflective learning
- Module 3: Other awareness using MBTI
  - Using differences constructively
  - Team building
- Module 4: Communication – culture of safety and contribution
  - Complicated Conversations
  - Performance Measurement and Growth/Contribution Cultures
- Module 5: Change readiness – change management
  - Innovation and prototyping
- Module 6: Systems thinking

**Course Capacity:** 18

**Assessment/evaluation:** At registration, participants will be asked to identify learning goals and a leadership challenge they are experiencing. As a leadership skill, throughout the program, they will be using a self-reflective practise to explore their own shifts and growth. At the end, time will be built in to practise a peer-to-peer feedforward exercise. The reflective work and feedforward will be used to explore how the learning goals have evolved through the program.

**Credential:** A certificate of completion will be issued after the program